

THE EDUCATION UNIVERSITY OF HONG KONG

Course Outline

Part I

Programme Title	: Bachelor of Education (Honours) (Physical Education)
Programme QF Level	: 5
Course Title	: Fundamental Movement for Junior Primary School
Course Code	: PES3172
Department	: Health and Physical Education
Credit Points	: 3
Contact Hours	: 54 (45 hours of lecture & 9 hours group tutorial)
Pre-requisite(s)	: Nil
Medium of Instruction	: English
Course Level	: 3

Part II

The University's Graduate Attributes and seven Generic Intended Learning Outcomes (GILOs) represent the attributes of ideal EdUHK graduates and their expected qualities respectively. Learning outcomes work coherently at the University (GILOs), programme (Programme Intended Learning Outcomes) and course (Course Intended Learning Outcomes) levels to achieve the goal of nurturing students with important graduate attributes.

In gist, the Graduate Attributes for Sub-degree, Undergraduate, Taught Postgraduate, Professional Doctorate and Research Postgraduate students consist of the following three domains (i.e. in short "PEER & I"):

- Professional Excellence;
- Ethical Responsibility; &
- Innovation.

The descriptors under these three domains are different for the three groups of students in order to reflect the respective level of Graduate Attributes.

The seven GILOs are:

1. Problem Solving Skills
2. Critical Thinking Skills
3. Creative Thinking Skills
- 4a. Oral Communication Skills
- 4b. Written Communication Skills
5. Social Interaction Skills
6. Ethical Decision Making
7. Global Perspectives

1. Course Synopsis

This course acquaints students with pedagogical content knowledge and skills in the delivery of Key Learning Stage One (KLS1) PE curriculum. The focus is on the critical understanding, practical application of fundamental movement concepts in teaching junior primary school children via body-, object- manipulative, and rhythmic activities innovatively. In addition, developmental characteristics, assessment strategies, safety precautions and ethical issues of teaching KLS1 pupils will be discussed.

2. Course Intended Learning Outcomes (CILO_s)

Upon completion of this course, students will be able to:

- CILO₁ acquire and understand essential knowledge of the fundamental movement principles, concepts and skills related to physical education program for junior primary school;
- CILO₂ try out teaching of fundamental movement skills namely object manipulative activities, body manipulative activities, and rhythmic activities awareness safety precautions and ethical issues;
- CILO₃ apply knowledge fundamental movement concepts to formulate movement tasks and task progressions appropriate for junior primary children innovatively; and
- CILO₄ master essential concepts of the assessment strategies for KLS1.

3. Content, CILOs and Teaching & Learning Activities

Course Content	CILOs	Suggested Teaching & Learning Activities
Understanding of essential knowledge of the fundamental movement principles, concepts, and fundamental motor skills, and developmental characteristics of KLS1 pupils	CILO ₁	Lecture and skill practice with videos and skill analysis workshop.
Teaching of fundamental movements and movement concepts in three FM settings	CILO _{1,2,3}	Lecture with video and skill practice, peer and micro-teaching
Application of fundamental movement concepts to formulate innovative movement tasks and task progressions appropriate for junior primary children	CILO _{3,4}	Lecture, lesson planning, peer observation and evaluation, and group project.
Safety precautions and ethical issues	CILO ₂	Lecture, peer and micro-teaching
Mastery of the essential concepts of the assessment strategies for KLS1	CILO ₄	Lecture, demonstration, peer observation and group project.

4. Assessment

Assessment Tasks	Weighting (%)	CILO
a. Performance assessment of teaching fundamental movements	60	CILO _{1, 2, 3}
b. Group project of compiling and presenting developmental appropriate teaching units of KLS1 pupils with the awareness of related issues	40	CILO _{1, 3, 4}

5. Use of Generative AI in Course Assessments

Please select one option only that applies to this course:

Not Permitted: In this course, the use of generative AI tools is not allowed for any assessment tasks.

Permitted: In this course, generative AI tools may be used in some or all assessment tasks. Instructors will provide specific instructions, including any restrictions or additional requirements (e.g., proper acknowledgement, reflective reports), during the first lesson and in relevant assessment briefs.

6. Required Text(s)

Nil

7. Recommended Readings

Colvin, V., Markos, N., & Walker, P. (2016). *Teaching fundamental motor skills*. Human Kinetics.

Barnett, L. M., Stodden, D., Cohen, K. E., Smith, J. J., Lubans, D. R., Lenoir, M., Iivonen, S., Miller, A. D., Laukkanen, A., Dudley, D., Lander, N. J., Brown, H., & Morgan, P. J. (2016). Fundamental movement skills: An important focus. *Journal of Teaching in Physical Education*, 35(3), 219–225. <https://doi.org/10.1123/jtpe.2014-0209>

Chan, H. S. C. (2016). *Understanding and supporting Hong Kong schoolchildren's learning in fundamental movement skills in primary physical education*. ProQuest Dissertations & Theses. https://www.lib.eduhk.hk/permalink/record/cdi_proquest_journals_1964266577

Óg O'Sullivan, C., Parker, M., Comyns, T., & Ralph, A. (2021). Enhancing fundamental movement skills: Understanding student voices. *Journal of Teaching in Physical Education*, 40(1), 126–135. <https://doi.org/10.1123/JTPE.2019-0170>

Physical Education Section. (2016). Safety guidelines on physical education key learning area for Hong Kong schools. Education Bureau. http://www.edb.gov.hk/en/curriculum-development/kla/pe/references_resource/safety-guidelines/index.html

課程發展處體育組(編) (2013)：《六大學習範疇課題概覽-體育學習領域》，香港，教育統籌局。

課程發展處體育組(編) (2016)：《體育科基礎活動教學資源》，香港，教育統籌局。

8. Related Web Resources

An Introductory Guide to Fundamental Movement.

http://cd1.edb.hkedcity.net/cd/pe/TC/rr/FM_e.pdf

Assessment of Fundamental Movement (2002). EMB Project by Chow Wah, Chow Pui Yu, Cheung Hang Ping, & Choi-Tse, Kang Chun:

http://cd1.emb.hkedcity.net/cd/pe/tc/rr/lof_refbook/b1_content.htm

Fundamental Movement Learning Community (FMLC)

<https://intranet.skhsjs.edu.hk/edbpefmlc/>

Laban / Barteniff Institute of movement Studies. <https://labaninstitute.org/>

PE Central. <http://www.pecentral.org/>

Physical Education Learning Outcome Framework.

http://cd1.edb.hkedcity.net/cd/pe/tc/rr/lof_refbook_e/index.html

基礎活動導引. http://cd1.edb.hkedcity.net/cd/pe/tc/rr/FM_c.pdf

基礎活動學習成果架構.

http://cd1.emb.hkedcity.net/cd/pe/tc/rr/lof_refbook/b1_content.htm

9. Related Journals

British Journal of Physical Education
Journal of Physical Education, Recreation and Dance
Teaching Elementary Physical Education

10. Academic Honesty

The University upholds the principles of honesty in all areas of academic work. We expect our students to carry out all academic activities honestly and in good faith. Please refer to the Policy on Academic Honesty, Responsibility and Integrity (<https://www.eduhk.hk/re/uploads/docs/000000000016336798924548BbN5>). Students should familiarize themselves with the Policy.

11. Others

Nil